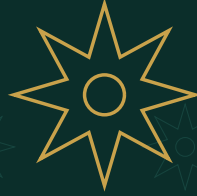


SURAH EK KAHANI



Surah Al-Ma'arij

Oopar Jaane Ki Seerhiyaan

Poora safar — bay-chain dil aur uska ilaaj —
jaise koi bade pyaar se bachche ko sunata hai



Surah No. 70 • 44 Ayatein • Makki

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Ek Nazar Mein Surah

Sa-ala saaa'ilum bi-'azaabinw-waaqi'

1. Ek maangne wale ne hone wale azab ki maang ki.

Fasbir sabran jameelaa

5. To khoobsurat sabr karo.

Innal-insaana khuliqa haloo'aa

19. Beshak insan bay-sabra paida kiya gaya hai.

Illal-musalleen

22. Siwaye namaz padhne walon ke.

Wallazeena hum 'alaa salaatihim yuhaafizoon

34. Aur jo apni namaz ki hifazat karte hain.

Ulaaa'ika fee Jannaatim-mukramoon

35. Yahi log baaghon mein izzat ke saath honge.

Listen to the Arabic recitation of this Surah, ayah by ayah, with the Qari
— free on nooraniilm.com (Read & Recite section).

Wo Aadmi Jisne Apni Hi Saza Maangi

Beta, ye surah ab tak ki sab se ajeeb darkhwaston mein se ek se shuru hoti hai: ek aadmi apni hi tabahi ka



mutalba kar raha hai.

'SA-ALA SA'ILUN BI-'AZABIN WAQI' — ek MAANGNE WALE ne ek aise AZAB ki MAANG ki jo HONE WALA hai.' Tafseer ki kitabein bayan karti hain ke ye Makkah ke mazaq udane walon ne kaha — ek riwayat An-Nadr ibn al-Harith ka naam leti hai, jo ek baar khada ho kar bola: ae Allah, agar ye Aapki taraf se sach hai, to hum par aasman se patthar barsa de, ya koi dardnak azab le aa! Hidayat ki dua nahi, beta — ek challenge.

Aur Allah ka jawab hola dene wale sukoon ke saath hai: 'LIL-KAFIREENA LAYSA LAHU DAFI' — munkiron ke liye; use TAALNE WALA koi nahi.' Wo aa raha hai, aur use koi nahi rok sakega. Phir: 'MINALLAHI ZIL-MA'ARIJ — Allah ki taraf se, jo OOPAR JAANE KI SEERHIYON ke Maalik hain' — aur surah ka naam isi se hai: buland darjon ka Rab, jinke zariye makhlooq ke maamle oopar-neeche aate-jaate hain.

Aur phir Allah unke taane mein chhupe asal sawal ka jawab dete hain — 'der kyun?' — ek aise paimane se jo



insani bay-sabri ko khamosh kar deta hai:

'TA'RUJUL-MALA'IKATU WAR-ROOHU ILAYHI FEE
YAWMIN KANA MIQDARUHU KHAMSEENA ALFA
SANAH — FARISHTE aur ROOH Uski taraf ek aise Din
mein chadhte hain jiski miqdaar PACHAAS HAZAR
SAAL hai.'

Beta, samajhiye ye kya sikha raha hai. Hum waqt ko
kalaai ki ghadiyon se naapte hain; ek dahaai ko 'lambi'
kehte hain. Magar Allah ke haan, ek hi Din hamari ginti
ke pachaas hazar saal mein naapa jata hai. To jab koi
kahe, 'agar azab sach hai to abhi tak kyun nahi aaya?'
— wo ek hameshgi wale timetable ko stopwatch se naap
raha hai. Der shak nahi hai, beta; ye paimane ka farq
hai. Aur Unki der bhi rehmat hai: uska har ghanta
tawbah ke liye ek khula darwaza hai.

Khoobsurat Sabr

Aur phir, apne Rasool ﷺ se, aur har us momin se jo kisi
wade ke aane ka muntazir hai: 'FASBIR SABRAN
JAMEELA — to KHOOBSURAT SABR karo.'



Beta, is jumle ko seekh lijiye aur ise apne kirdaar ko dhalne dijiye. Sabr jameel — khoobsurat sabr — wo sabr hai jismein makhlooq se koi shikayat nahi, koi talkhi nahi, koi bigda hua chehra nahi. Ulama ne ise aisa sabr kaha jismein na ghabraahat ho, na logon se apne Rab ki shikayat. Ye Ya'qub (AS) ka sabr hai, jinhone kaha: 'main to apne ghum aur pareshani ki shikayat SIRF ALLAH se karta hoon.'

Ek sabr bad-soorat hota hai, beta — wo jo naraz-naraz ho kar bardasht karta hai, hisab rakhta hai, apne zakhm sab ko dikhata phirta hai. Aur ek sabr khoobsurat hota hai — khamosh, ba-waqar, phir bhi ibadat karta hua, phir bhi logon se muskurata hua, apni shikayat sirf oopar le ja kar. Allah ne doosra maanga.

'INNAHUM YARAWNAHU BA'EEDA — beshak WO use DOOR samajhte hain — WA NARAHU QAREEBA — magar HUM use QAREEB dekhte hain.' Beta, nazar ka farq mehsoos kijiye: jise hamari bay-sabri 'door' kehti hai, use Allah 'qareeb' kehte hain. Hamari पूरी zindagi Unki kitab mein ek chhota paragraf hai.



Wo Din Jab Koi Dost Apne Dost Ka Haal Na Poochhega

Phir surah wo Din dikhati hai: 'YAWMA TAKOONUS-SAMA'U KAL-MUHL — us Din aasman PIGHLE HUE TAANBE jaisa hoga — WA TAKOONUL-JIBALU KAL-'IHN — aur pahaad DHUNI HUI OON jaise honge' — halke, phatte hue, uD-te hue.

'WA LA YAS'ALU HAMEEMUN HAMEEMA — aur KOI DOST apne DOST KA HAAL na poochhega.' Beta, is line ke saath ek lamha baithiye. Ye nahi ke doston ko bolne se mana kiya jayega — balki ye ke kisi ko poochhne ka KHAYAL tak na aayega. Har jaan apni halat mein itni ghirI hogi ke qareeb tareen saathi ek doosre ke paas se bagair poochhe guzar jayenge. 'YUBASSAROONAHUM' — wo ek doosre ke SAAMNE laye jayenge; wo ek doosre ko DEKHENGE, aur phir bhi na poochhenge.

Aur phir wo mayoosi bhari pesh-kash: mujrim chahega ke us Din ke azab se khud ko fidya de kar bacha le 'BI-BANEEHI — apni AULAD se — WA SAHIBATIHI WA



AKHEEH — aur apni BIWI aur BHAI se — WA
 FASEELATIHIL-LATI TU'WEEH — aur apne KHANDAN
 se jisne use PANAAH DI — WA MAN FIL-ARDI
 JAMEE'AN THUMMA YUNJEEH — aur zameen ke SAB
 logon se, agar phir wo use BACHA le.'

Beta, dekhiye us Din aadmi kya tijarat karne ko tayyar
 hoga: theek wohi log jinki hifazat, jinke intezam, aur
 jinke liye gunah karte hue usne apni zindagi guzari. Wo
 rishwatein jo usne 'khandan ke liye' leen, wo samjhaute
 jo usne 'bachchon ke liye' kiye — us Din wo un sab ko
 soup dega taake Aag ke ek lamhe se bach jaye. Aur wo
 qubool nahi kiya jayega: 'KALLA — HARGIZ NAHI!
 Beshak wo bhadakti Aag hai.' Surah barhati hai ke wo
 'PUKARTI' hai — 'TAD'OO MAN ADBARA WA
 TAWALLA, WA JAMA'A FA-AW'A' — wo use pukarti hai
 jisne peeth pheri aur moonh moda, aur JAMA kiya aur
 SAMET kar RAKH liya. Do aadatein, beta: moonh
 pherna, aur jama kar ke taala laga dena.

Insani Dil Ka X-Ray



Aur ab, beta, wo hissa aata hai jo is surah ko na-bhoolne wala bana deta hai — teen aayatein jinmein Allah kachche insani nafs ki tasveer kisi bhi nafsiyat ki kitab se zyada durust kheenchte hain:

'INNAL-INSANA KHULIQA HALOO'A — beshak INSAN HALOO'A paida kiya gaya — bay-chain, bay-sabra, be-qaraar, lalchi. IZA MASSAHUSH-SHARRU JAZOO'A — jab use BURAI chhoo le, to wo MAAYOOS ho jata hai. WA IZA MASSAHUL-KHAYRU MANOO'A — aur jab use BHALAAYI chhoo le, to wo ROK LENE WALA ho jata hai.'

Beta, un do lines mein apni zindagi padhiye. Ek bura natija, karobar mein ek nuqsan, ek sakht baat — aur hum elaan kar dete hain ke hamari zindagi tabah ho gayi; neend uD jaati hai, ghabra jaate hain, kehte hain 'mere saath hi kyun'. Ye jazoo' hai. Phir ek achha mahina aata hai, khaata bhar jata hai, promotion mil jata hai — aur foran mutthi band ho jaati hai: mera paisa, meri kamyabi, mera waqt, meri tawanai. Ye manoo' hai. Mushkil mein ghabraahat, aasani mein bukh — beta, ye insani nafs ki factory setting hai. Allah



yahan hamari tauheen nahi kar rahe; Wo hamari tashkhees kar rahe hain, jaise ek doctor nuskha likhne se pehle marz ka naam leta hai.

Aur phir surah ka sab se ummeed-afza lafz aata hai — ek chhota lafz jo sab kuch badal deta hai: 'ILLA' — SIWAYE.

'ILLAL-MUSALLEEN — SIWAYE NAMAZ PADHNE WALON ke.' Beta, namaz ko insani dil ke sab se purane marz ke ilaaj ke tor par elaan kiya gaya. Kyun? Kyunki din mein paanch baar, ghabraye hue aadmi ko uski ghabraahat se kheench kar us Zaat ke saamne khada kiya jata hai jo anjaam ka maalik hai; aur din mein paanch baar, lalchi aadmi ko yaad dilaya jata hai ke uske paas kuch nahi hai aur wo kuch le kar nahi jayega. Namaz dono marz ek saath theek kar deti hai.

Magar gaur se dekhiye, beta — Allah ye nahi kehte 'siwaye un ke jinhone ek baar namaz padhi'. Wo foran bayan karte hain ke kis qism ki namaz shifa deti hai: 'ALLAZEENA HUM 'ALA SALATIHIM DA'IMOON — jo



apni namaz par DAA'IM, hamesha qaayem rehte hain.'
Daa'im — musalsal, kabhi na chhoda gaya, zindagi ke jis
mausam mein bhi ho.

Namaziyon Ka Kirdaar Course

Aur ab surah ek shaandaar kaam karti hai. Namaz ko
ilaaj qaraar de kar, wo ginwati hai ke us par khadi
zindagi mein asal mein kya UGTA hai — ek mukammal
kirdaar course, beta. In aath nishaniyon ko seekhiye,
aur khud ko in par parkhiye:

EK: 'jo apni namaz par DAA'IM hain.' DO:

'WA-LLAZEENA FEE AMWALIHIM HAQQUN MA'LOOM
— aur jinke MAAL mein ek MA'LOOM HAQ hai —
LIS-SA'ILI WAL-MAHROOM — us ke liye jo MAANGTA
hai aur us ke liye jo MEHROOM hai.' Beta, do
khoobsurat tafseelat: ye ek 'ma'loom' haq hai — ek
muqarrar, budget mein tay hissa, be-tarteef
bacha-khucha nahi; aur ye us ke liye hai jo maangta hai
AUR us mehroom ke liye jo maangne mein itna ba-izzat
hai ke maang hi nahi sakta, jiski zaroorat aapko khud



bhaanpni hoti hai.

TEEN: 'jo BADLE ke Din par IMAN rakhte hain.' CHAAR: 'jo apne Rab ke azab se DARTE rehte hain — beshak unke Rab ka azab aisi cheez nahi jis se BAY-KHAUF hua jaye.' Beta, gaur kijiye: nek log bhi kabhi 'kaafi mehfooz' mehsoos nahi karte. Khauf aur ummeed do par hain; ek par wala parinda gol gol ghoomta rehta hai.

PAANCH: 'jo apni SHARMGAAHON ki HIFAZAT karte hain' — siwaye apni jaayez biwiyon ke. CHHE: 'jo apni AMANATON aur apne WADON ka KHAYAL rakhte hain' — amanah aur 'ahd, beta: wapas ki hui amanatein, rakhe hue raaz, poore kiye hue waade, bachchon se kiye wade tak yaad. SAAT: 'jo apni GAWAHIYON par QAAYEM rehte hain' — jo doosron ke baare mein bolte hue sach ko modte nahi, chahe khud apne ya apni qaum ke khilaf ho.

Aur AATH — dekhiye fehrist theek wahin band hoti hai jahan khuli thi: 'WA-LLAZEENA HUM 'ALA SALATI HIM YUHAFIZOON — aur jo apni NAMAZ ki HIFAZAT karte



hain.'

Beta, ye banawat jaan-boojh kar aur khoobsurat hai: namaz achhe kirdaar ki kitab ka pehla aur aakhri cover hai; baaqi sab kuch un ke darmiyan bandha hai. Pehle 'da'imoon' — us par qaayem; aakhir mein 'yuhafizoon' — uski hifazat: uske auqat, uska wudu, uska khushu', ek masroof din mein uski jagah. Agar ye do cover mazboot hon, to andar ke safhe tarteef mein rehte hain.

Aur unka natija: 'ULA'IKA FEE JANNATIN MUKRAMOON — yahi log baaghton mein IZZAT ke saath honge.'

Aapki Taraf Daudte Hue, Gardanein UThaye

Phir surah munkiron ki taraf ek aise manzar ke saath laut-ti hai jismein ek ajeeb, jaana-pehchana rang hai: 'FA-MALI-LLAZEENA KAFAROO QIBALAKA MUHTI'EEN — un munkiron ko kya ho gaya jo aapki taraf DAUDTE hue, gardanein UTHAYE aa rahe hain — 'ANIL-YAMEENI WA 'ANISH-SHIMALI 'IZEEN —



daayen se aur baayen se, alag alag GIROHON mein?'

Mazaq udane wale Nabi ﷺ ke gird halqe baandh kar jama hote, jhuk kar, be-taab — seekhne ke liye nahi, beta, balki tanz karne aur apna dil-bahlane ke liye. Aur phir Quran unka andaruni daawa bay-naqab karta hai: 'A YATMA'U KULLU-MRI'IN MINHUM AN YUDKHALA JANNATA NA'EEM — kya un mein se har ek TAMANNA rakhta hai ke wo Ne'mat ke baagh mein daakhil kiya jaye?' Unhone us Din ka inkaar kiya, paighaam ka mazaq udaya, kisi cheez ko sanjeeda na liya — aur phir bhi andar kahin ye maan baithe the ke agar Jannat HAI, to wo usmein honge.

Beta, ye gumaan Makkah mein nahi mara. Ye aaj bhi har us dil mein zinda hai jo kehta hai 'Allah to Ghafoor hain' magar Unki taraf ek ungli tak nahi hilata. Aur Allah ise hamari haqarat ki ek tabah kun yaad-dahani se jawab dete hain: 'KALLA — HARGIZ NAHI! INNA KHALAQNAHUM MIMMA YA'LAMOON — beshak humne unhein us cheez se banaya jo wo JAANTE hain' — ek haqeer boond se. Aur phir ek qasam: 'FALA



UQSIMU BI-RABBIL-MASHARIQI WAL-MAGHARIB —
 to Main MASHRIQON aur MAGHRIBON ke Rab ki
 qasam khata hoon — INNA LA-QADIROON — beshak
 Hum QAADIR hain — 'ALA AN NUBADDILA KHAYRAN
 MINHUM — ke unse behtar log unki jagah le aayein —
 WA MA NAHNU BI-MASBOOQEEN — aur Hamein koi
 maat nahi de sakta.'

To surah is par khatm hoti hai: 'FA-ZARHUM
 YAKHOODOO WA YAL'ABOO — to unhein chhod do ke
 fazool baaton aur khel-tamashe mein pade rahein —
 HATTA YULAQOO YAWMAHUMUL-LAZI YOO'ADOON
 — yahan tak ke wo apne us Din se milein jiska unse
 wada hai.' Aur wo Din: 'YAWMA YAKHRUJOONA
 MINAL-AJDATHI SIRA'AN — jis Din wo qabron se TEZI
 se niklenge — KA-ANNAHUM ILA NUSUBIN
 YOOFIDOON — goya wo kisi BUT ki taraf DAUD rahe
 hon' — us tarah daudte hue jaise wo apne jhoote
 maboodon ki taraf daudte the, magar ab 'KHASHI'ATAN
 ABSARUHUM' — aankhein jhuki hui —
 'TARHAQUHUM ZILLAH' — zillat unhein dhaanpe hue.



'ZALIKAL-YAWMUL-LAZI KANOO YOO'ADOON — YAHİ wo Din hai jiska unse wada kiya jata tha.'

Beta, us shaandaar insaaf ko dekhiye: wahi tawanai jis se wo is duniya mein baatil ki taraf daude, wahi tawanai hai jis se unhein agli duniya mein faisle ki taraf daudaya jayega. Zindagi mein aap jis simt daudte hain, aap us simt ki mashq kar rahe hain jis mein aap tab daudenge.

Is Surah Se Kya Seekha

1. Kabhi Allah ko challenge mat kijiye na Unke azab ka mutalba — aur der ko kabhi ghair-haazri mat samjhiye: Un ke haan ek Din pachaas hazar saal mein naapa jata hai.
2. Sabr jameel ki mashq kijiye: logon se shikayat ke bagair sabr, talkhi ke bagair, apna ghum sirf oopar le ja kar.
3. Us Din koi dost apne dost ka haal tak na poochhega — to 'khandan ke liye' gunah karna band kijiye; wo aapka fidya nahi ban sakte.



4. Apni factory setting jaan lijiye — nuqsan mein ghabraahat, faayde mein tangi — aur wo ilaaj jo Allah ne bataya: musalsal namaz.
 5. Apni aamdani mein se ek 'ma'loom haq' budget kijiye maangne wale ke liye, aur khaas kar us ke liye jo maangne mein bohot ba-izzat hai.
 6. Dono par thaam kar rakhiye: kabhi apne Rab ke azab se bay-khauf mat hoiye, kabhi Unki rahmat se mayoos mat hoiye.
 7. Amanaton, wado aur gawahi ki utni hi sakhti se hifazat kijiye jitni namaz ki — wahi log dono karte bayan hue hain.
- Ya Allah, hamare dilon ko ghabraahat aur laalach se shifa dijiye, hamein namaz par qaayem aur maal mein sakhi bana dijiye, aur Aapka wada aane tak hamein khoobsurat sabr ata farmaiye. Ameen.

— This is a simplified, faithful retelling for understanding, based on the Quran's translation and established tafseer (Ibn Kathir and others). For deeper study, always read with a qualified teacher. —



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