

SURAH EK KAHANI



Surah Al-Muzzammil

Kambal Mein Lipte Hue

Poora safar — wo raat jo din ko banati hai —
jaise koi bade pyaar se bachche ko sunata hai



Surah No. 73 • 20 Ayatein • Makki

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Ek Nazar Mein Surah

*Yaaa ayyuhal-Muzzammil. Qumil-layla illaa
qaleelaa*

1-2. Ae kambal mein lipte hue! Raat ko khade raho,
magar thodi (chhod kar).

Wa rattilil-Qur'aana tarteelaa

4. Aur Quran ko theher theher kar padho.

*Inna naashi'atal-layli hiya ashaddu wat'anw-wa
aqwamu qeelaa*

6. Beshak raat ka uthna asar mein zyada mazboot aur
baat mein zyada durust hai.

*Wasbir 'alaa maa yaqooloona wahjurhum hajran
jameelaa*

10. Aur jo wo kehte hain us par sabr karo, aur unhein
khoobsurti se chhod do.

Faqra'oo maa tayassara minal-Qur'aan

20. To Quran mein se jo aasan ho padho.

Wastaghfirul-laah. Innal-laaha Ghafoorur-Raheem

20. Aur Allah se maghfirat maango. Beshak Allah
Bakhshne wale, Raheem hain.



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Ek Chaadar Mein LipTe Hue

Beta, ye surah poore Quran ke sab se shafeeq
andaz-e-khitab mein se ek se shuru hoti hai.

Wahi shuru hone ke bilkul ibtidayi dinon mein, jo cheez
shuru hui thi uska wazan bay-inteha tha. Nabi ﷺ kabhi
kabhi apni chaadar mein lipat jaate, farishte se mulaqat
ke bhaari tajarbe ke baad garmi aur qaraar dhoondhte.
Aur usi halat mein — lipTe hue, aaram karte hue —
aasman ne aapko pukara: 'YA AYYUHAL-MUZZAMMIL
— AE KAMBAL MEIN LIPTE HUE!'

Beta, us narmi ko mehsoos kijiye: Allah ne aapko kisi
martabe ya laqab se mukhatib nahi kiya. Unhone aapko
us lamhe ki aapki halat se pukara, jaise ek maa kahe 'ae
kambal ke neechे wale'. Ismein mohabbat hai.

Magar jo alfaz iske baad aaye wo 'achhi tarah aaram
karo' nahi the. Wo the: 'QUMIL-LAYLA ILLA QALEELA
— RAAT ko KHADE raho, magar thodi (chhod kar).'



Beta, yahi har sanjeeda bulaawe ka andaz hai: aaraam mein khalal padta hai, aur ek mission shuru hota hai. Kambal utar jata hai — sakhti se nahi, magar mazbooti se. Aur tareekh ke sab se azeem shakhs ko pehla farz kya diya gaya? Koi khutba nahi. Koi jang nahi. Pairokaaron ki tanzeem nahi. Apne Rab ke saamne raat ko khada hona.

Tarbiyat Ka Nizamul-Auqat

Hidayat hairat-angez tor par mukhtas hai: 'raat ko khade raho, magar thodi (chhod kar) — NISFAHU AWIN-QUS MINHU QALEELA — AADHI raat, ya us mein se thoda KAM kar do — AW ZID 'ALAYHI — ya us par BADHA do — WA RATTILIL-QUR'ANA TARTEELA — aur Quran ko THEHER THEHER kar, TARTEEL ke saath padho.'

Beta, do cheezein gaur kijiye. Pehla, wo lachak: aadhi raat, ya thoda kam, ya zyada — Allah apne mehboob ko ek daayra dete hain, koi sakht ghadi nahi. Doosra, is baat par zor ke KAISE padha jaye: tarteel. Raftaar nahi,



tadaad nahi — theher theher kar, saaf, harf dar harf, dil zubaan ke saath saath chalta hua.

Hamari maa Aisha aur doosron ne aapki tilawat ka bayan kiya: aap aahista, alag alag kar ke padhte, ke ek surah logon ki tawaqqo se zyada waqt le leti. Ibn Abbas (RA) ne kaha ke ek surah tarteel se padhna unhein poora Quran jaldi jaldi padhne se zyada mehboob hai. Beta, ye hamare daur ke liye ek tasheeh hai: bohut se log ek target poora karne ke liye safhon mein daudte hain. Ye ayah kehti hai ke maqsad Quran ko khatm karna nahi — maqsad ye hai ke Quran AAP par apna kaam khatam kare.

Aur phir Allah bataate hain ke ye raat wali tarbiyat KYUN muqarrar ki gayi: 'INNA SANULQEE 'ALAYKA QAWLAN THAQEELA — beshak hum aap par ek BHAARI KALAM DAALNE wale hain.'

Beta, ek bhaari kalam aane wala tha: khud wahi, jiske wazan se Nabi ﷺ ki oontni baith jaati aur thandi raat mein aapki peshani se paseena bahne lagta; aur uske



saath, tareekh ka sab se bhaari mission — ek dushman sheher ka saamna karna, hijrat karna, aulad khona, ek ummat ki qayadat karna. Bhaari mission khaali tankiyon par nahi uthaye jaate. To bojh aane se pehle, aasman ne aapko eendhan ke station par bhej diya: RAAT.

Raat Hi Kyun?

Aur phir Allah wajah ek aisi ayah mein bayan karte hain jo kalaam mein nafsiyati taur par sab se durust aayaton mein se hai: 'INNA NASHI'ATAL-LAYLI HIYA ASHADDU WAT'AN WA AQWAMU QEELA — beshak RAAT ka uthna ASAR mein zyada MAZBOOT (wat'an — qadam jamane mein, mazbooti mein) aur baat mein zyada DURUST hai.'

Beta, sochiye raat ko kya hota hai. Phone bajna band ho jata hai. Dukanein band hain. Koi dekh nahi raha, isliye kisi ke saamne perform karne ki zaroorat nahi. Wo shor jo din ke zehen ko bhar deta hai — bill, mansoobe, behes, notifications — thehre hue paani mein talchhat



ki tarah baith jata hai. Aur us sannate mein, do cheezein mumkin ho jaati hain: aapki ibadat aapke dil par mazbooti se qadam jamati hai, aur aapke alfaz wo sab se sachche alfaz ban jaate hain jo aapki zubaan kabhi kehti hai.

Wo dua jo aap raat ke teen baje karte hain, beta, jab koi sun nahi raha, aapke poore din ka sab se imaandar jumla hoti hai.

Aur Allah tazad barhate hain: 'INNA LAKA FIN-NAHARI SABHAN Taweela — beshak DIN mein aapke liye Lambi Masroofiyyat hai.' Beta, 'sabh' ka matlab hai tairna — din ek lambi tairaak hai, ek ke baad ek cheez. Allah aapse din ka kaam chhodne ko nahi keh rahe; Wo aapko bata rahe hain ke din ki tairaaki ko raat ki langar-andaazi (anchoring) ki zaroorat hai.

Phir do aur hidayaten: 'Wazkurisma RabbiKa — aur apne RAB ka NAAM YAAD karo — WA TABATTAL ILAYHI TABTEELA — aur Usi ki taraf poori tarah MUTAWAJJO ho jao.' 'Tabattul', beta, ka matlab hai



kuch waqt ke liye har cheez se kat kar sirf Usi ke liye ho jana. Rahbaaniyat nahi, jise ye deen radd karta hai — balki aapke din mein ek aisi khidki jismein kisi aur cheez ke paas aapki tawajju na ho.

'RABBUL-MASHRIQI WAL-MAGHRIBI LA ILAHA ILLA HUWA FA-TTAKHIZ-HU WAKEELA — mashriq aur maghrib ka Rab; Uske siwa koi mabood nahi, to Usi ko apna KAARSAAZ bana lo.' Beta, kya jamaawara hai: raat ko khade raho, aahista padho, Uska naam yaad karo, tawajju hatane wali cheezein kaat do — aur phir apni poori zindagi ki file Unke hawale kar do.

Khoobsurat Kinaara-Kashi

Phir mazaq udane walon se nibatne ki hidayat aati hai — aur ismein Quran ke sab se shaista jumlon mein se ek hai: 'WASBIR 'ALA MA YAQOOLONA — aur jo wo kehte hain us par SABR karo — WAHJURHUM HAJRAN JAMEELA — aur unhein KHOOBSURTI SE CHHOD DO.'

Beta, 'hajran jameela' — ek khoobsurat judaai. Koi darwaza patakh kar nahi. Gaaliyon ka jawab gaali se



nahi. Koi sar-e-aam jhagda ya ghoorne wali sard jang nahi. Iska matlab hai: waqar ke saath peechhe hat jao, apni zubaan saaf rakho, unke darje tak mat giro, aur unki hidayat ka darwaza apne dil mein khula rakho.

Ye hamari rozmarra zindagi ke liye Quran ki sab se amali hidayaton mein se ek hai — ek bad-tameez rishtedaar ke saath, ek dushman colleague ke saath, ek dost ke saath jo mazaq udane laga hai. Peechhe hat jaiye, magar khoobsurti se hat jaiye. Aur gaur kijiye, beta, ye hidayat KAHAN rakhi gayi: raat ko khade hone ke hukm ke theek baad. Kyunki sirf wahi dil jo raat ko bhara gaya ho, din mein khoobsurti se hat sakta hai. Us bharai ke bagair, hamare rad-e-amal talkh ho jaate hain.

Aur Allah bojh unse utar lete hain: 'WA ZARNEE WAL-MUKAZZIBEENA ULIN-NA'MAH — aur MUJHE aur jhutlane walon ko CHHOD DO, jo aish aur aaraam wale hain — aur unhein thodi mohlat do.' Beta: unhein MERE liye chhod do. In alfaz mein har us shakhs ke liye kitni rahat hai jise nuqsan pahunchaya gaya ho aur wo jawab na de sakta ho.



Phir is sab ki sanjeedgi ki yaad-dahani: 'INNA LADAYNA ANKALAN WA JAHEEMA' — zanjeerein aur ek bhadakti aag; ek aisa Din jab 'zameen aur pahaad kaanp uthenge, aur pahaad behti hui ret ka dher ban jayenge.' Aur tareekh se li gayi ek tanbeeh: 'Beshak humne tumhari taraf ek Rasool bheja jo tum par gawah hai, jaise humne Firaun ki taraf ek rasool bheja tha. Magar Firaun ne us rasool ki NA-FARMANI ki, to humne use SAKHT girift mein pakad liya.' Beta, sabaq: har nasl ko uska rasool aur uska chunav milta hai — aur chunav ke aise nataij hain jinhein tareekh gawahi de sakti hai.

Aakhir Mein Rehmat

Aur ab, beta, is surah ki aakhri ayah — ismein sab se lambi ayah, jo baad mein nazil hui, aur ye ilaahi rehmat ka ek shaahkaar hai.

Taqreeban ek saal tak, momineen ne raat ko khade hone par itni sanjeedgi se amal kiya ke, jaisa ayah kehti hai: 'INNA RABBAKA YA'LAMU ANNAKA TAQOOMU ADNA



MIN THULUTHAYIL-LAYLI WA NISFAHU WA
 THULUTHAHU WA TA'IFATUN MINAL-LAZINA
 MA'AK — beshak aapka Rab JAANTE hain ke aap raat
 ki taqreeban DO-TIHAI khade rehte hain, ya uska
 AADHA, ya uska TIHAI — aur aapke saath ek JAMAAT
 bhi.'

Unke paanv soojh gaye. Unhone mashaqqat ki. Aur
 Allah — jo theek theek jaante hain ke Unhone har jism
 mein kya rakha hai — ne farmaya: 'WALLAHU
 YUQADDIRUL-LAYLA WAN-NAHAR — aur Allah raat
 aur din ka ANDAZA muqarrar karte hain. 'ALIMA AN
 LAN TUHOOHU — Wo jaante hain ke tum ise poori
 tarah GIN NA SAKOGE — FA-TABA 'ALAYKUM — to
 Unhone tum par RAHMAT se ruju farmaya. FAQRA'OO
 MA TAYASSARA MINAL-QUR'AN — to Quran mein se jo
 AASAN ho padho.'

Beta, us shafqat ko mehsoos kijiye: 'faqra'oo ma
 tayassara' — jo tumhare liye aasan ho padho. Farz utha
 liya gaya; darwaza chaupat khula raha. Raat ki namaz
 us har shakhs ka nafli sharaf ban gayi jo zyada chahe —



aur aaj tak, tahajjud unki poshida daulat hai jo Us se mohabbat karte hain.

Aur wo wajahein dekhiye jo Allah khud ise halka karne ke liye ginwate hain: "ALIMA AN SAYAKOONU MINKUM MARDA — Wo jaante hain ke tum mein BIMAR honge — WA AKHAROONA YADRIBOONA FIL-ARDI YABTAGHOONA MIN FADLILLAH — aur DOOSRE jo zameen mein SAFAR karte hue ALLAH ka FAZL talab karte honge — WA AKHAROONA YUQATILOONA FEE SABEELILLAH — aur DOOSRE jo Allah ki raah mein LADTE honge.'

Beta, gaur kijiye kis ka zikr mujahid ke saath ek hi saans mein hua: BIMAR, aur wo shakhs jo ROZI KAMANE nikla hua hai. Wo aadmi jo apne khandan ko khilane ke liye apni shift kar raha hai, Allah ne use riayatun ki ayah mein maidan-e-jang wale aadmi ke saath naam-zad kiya. Halal kaam, sahih niyyat se kiya gaya, is deen mein itna ba-izzat hai.



Aur phir aakhri hidayat, momin ki zindagi ka ek mukammal programme: 'To us mein se jo aasan ho padho, aur NAMAZ QAIM karo, aur ZAKAT do, aur ALLAH KO ACHHA QARZ do. Aur jo bhi bhalaayi tum apne liye aage bhejoge — use Allah ke paas PAOGE; wo behtar aur ajr mein badi hai. WA-STAGHFIRULLAH — aur ALLAH SE MAGHFIRAT MAANGO; beshak Allah Bakhshne wale, Raheem hain.'

Beta, is ikhtitam ki khoobsurat banawat dekhiye. Surah ne shuruat sab se sakht cheez maang kar ki — raat ka zyada hissa namaz mein. Wo us cheez ko maang kar khatm hoti hai jo aasan ho, aur phir ISTIGHFAR par band hoti hai — goya keh rahi ho: apne saare khade hone, padhne aur dene ke baad bhi, Mere saamne kaarnamon ka bill le kar mat khade hona; maghfirat ki darkhwast le kar khade hona. Yahi, beta, ek sachche bande ka andaz hai: aise kaam karo jaise sab kuch tum par mauqoof ho, phir usi kaam ki kotahiyon ke liye maghfirat maango.

Is Surah Se Kya Seekha



- 1.** Badi zimmedariyon ko raat ka eendhan chahiye: qiyam ka ya Fajr se pehle Quran ka ek chhota, muqarrar hissa shuru kijiye aur use kabhi mat chhodiye.
- 2.** Raftaar par tarteel: maqsad ye nahi ke aap Quran ko khatm karein, balki ye ke Quran aap par apna kaam khatam kare.
- 3.** Raat ka sannata aapki ibadat ko qadam-jamai aur aapke alfaz ko sab se sachi shakl deta hai — tabattul ki ek khidki ki hifazat kijiye.
- 4.** 'Hajran jameela' ki mashq kijiye — nuqsan se waqar ke saath peechhe hatiye, kabhi talkhi se nahi; baaqi Allah par chhod dijiye.
- 5.** Sirf wahi dil jo raat ko bhara ho din mein khoobsurti se jawab de sakta hai — hamare rad-e-amal ki talkhi aksar hamari raaton ke khaalipan ki nishani hai.
- 6.** Allah ka deen raheem aur haqeeqat-pasand hai: Unhone khud hukm ko halka kiya, aur bimar aur



kamane wale ko mujahid ke saath sharaf bakhsha.

7. Har ibadat ka ikhtitam istighfar par kijiye — banda apni koshish pesh karta hai, phir uski kotahiyon ki maafi maangta hai.

Ya Allah, hamein raat ka ek hissa apne saath ata farmaiye, Quran ko hamare dilon ka chashma bana dijiye, aur hamari ibadat ke aibon ko maaf farmaiye. Ameen.

— This is a simplified, faithful retelling for understanding, based on the Quran's translation and established tafseer (Ibn Kathir and others). For deeper study, always read with a qualified teacher. —

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