

SURAH EK KAHANI



Surah An-Nas

Insan

Poora safar — aakhri surah, aakhri panaah —
jaise koi bade pyaar se bachche ko sunata hai



Surah No. 114 • 6 Ayatein • Makki

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Ek Nazar Mein Surah

Qul a'oozu bi-Rabbin-naas

1. Keh dijiye: main panaah maangta hoon insanon ke Rab ki.

Malikin-naas

2. Insanon ke Baadshah ki.

Ilaahin-naas

3. Insanon ke Ma'bood ki.

Min sharril-waswaasil-khannaas

4. Us waswasa dalne wale ke shar se jo peechhe hat jata hai.

Allazee yuwaswisu fee sudoorin-naas

5. Jo logon ke seenon mein waswasa dalta hai.

Minal-jinnati wan-naas

6. Jinnon mein se bhi aur insanon mein se bhi.

Listen to the Arabic recitation of this Surah, ayah by ayah, with the Qari — free on nooraniilm.com (Read & Recite section).

Kitab ka Aakhri Lafz



Beta, ye Quran ki sabse aakhri surah hai. Sochiye — Allah ne apni Kitab ka ikhtitam kis cheez par kiya? Kisi hukm par nahi, kisi dhamki par nahi. Ek DUA par — ke ae Allah, mujhe apni panaah mein le lijiye.

Aur ye surah aur usse pehli wali surah, dono ko milkar 'Mu'awwazatayn' kaha jata hai — panaah maangne wali do surahein. Nabi ﷺ har raat sone se pehle ye padh kar apne haathon par phoonkte aur jitna jism tak pahunch sakta, us par pher lete. Aur jab bimar hote to bhi yahi padha jata tha.

Aur Uqbah bin Aamir (RA) se farmaya: kya main tumhein wo aayatein na bataun jo aaj tak padhi gayi sabse behtareen hain? Aur phir yahi do surahein sunayin.

'QUL A'OOZU BI-RABBIN-NAAS — KEH DIJIYE: MAIN PANAAH MAANGTA HOON INSANON KE RAB KI.'

Beta, lafz 'a'oozu' ka matlab hai: main kisi majboot cheez se chimat jaata hoon, uski aad mein chala jaata hoon. Jaise koi bachcha khatra dekh kar apni maa ke



peechhe chhup jaye — bas wahi kaifiyat.

Aur ye lafz apni kamzori ka aitraf hai. Panaah wahi maangta hai jo jaanta ho ke wo akela is cheez ka muqabla nahi kar sakta.

Teen Naam, Ek Dushman

Beta, ab ghaur kijiye — is chhoti si surah mein Allah ne apne TEEN naam liye hain, aur teenon ko 'naas' yaani insanon ke saath joda hai.

'RABBIN-NAAS' — insanon ka RAB. Yaani unka maalik, unko paida karne wala, unki parwarish karne wala. Wo jo aapko naapasand cheez se bacha sakta hai kyunki aap uski cheez hain.

'MALIKIN-NAAS' — insanon ka BAADSHAH. Yaani wo jiske paas ikhtiyar hai, jiska hukm chalta hai. Rab parwarish karta hai; Malik hukm deta hai.

'ILAAHIN-NAAS' — insanon ka MA'BOOD. Yaani wo jiske ilawa koi ibadat ke laayeq nahi.



Beta, ulama ne kaha ke ye tarteeb khud ek daleel hai: pehle wo aapke paalne wale hain, phir aapke Baadshah, aur isi liye sirf wahi is laayeq hain ke unhi ki bandagi ki jaye.

Aur sochiye — itne saare naam sirf EK dushman se panaah maangne ke liye. Us dushman ki khatarnaki ka andaza isi se lagaiye.

'MIN SHARRIL-WASWAASIL-KHANNAAS — US WASWASA DALNE WALE KE SHAR SE JO PEECHHE HAT JATA HAI.'

Beta, 'waswasa' arabi mein us halki, dabi hui aawaz ko kehte hain jo kisi zewar ki khanak ki tarah ho — itni dheemi ke sunne wale ko lage ke ye uske apne dil ki aawaz hai.

Yahi uska sabse bada hathiyar hai. Wo cheekh kar nahi kehta 'ye gunah karo'. Wo aahista se aapke apne lehje mein kehta hai: 'thoda sa to hai', 'baad mein tawbah kar lena', 'sab hi to karte hain', 'ab bohot der ho chuki, ab kya faida'.



Aur 'KHANNAAS' — jo peechhe hat jata hai, dubak jaata hai. Beta, ye lafz uski kamzori khol deta hai.

Ulama ne farmaya: jab banda Allah ko yaad karta hai, wo sikud kar peechhe hat jaata hai; aur jab banda ghaflat mein ho jaata hai, wo phir aage badh aata hai. Yaani wo hamla nahi karta — wo INTEZAR karta hai. Uski poori strategy aapki ghaflat ke lamhon par tiki hui hai.

Beta, isi liye zikr ki itni ta'akeed hai. Zikr larai nahi hai — zikr wo maujoodgi hai jismein wo tik hi nahi sakta.

Seenon Mein

'ALLAZEE YUWASWISU FEE SUDOORIN-NAAS — JO LOGON KE SEENON MEIN WASWASA DALTA HAI.'

Beta, gaur kijiye: 'seenon MEIN' — bahar se nahi, andar se. Ye dushman aapke ghar ka darwaza nahi khatkhatata; wo seedha us kamre mein baat karta hai jahan aap khud rehte hain.



Isi liye us par pehra dena mushkil hai. Aapko pata hi nahi chalta ke ye khayal kahan se aaya — kyunki wo aapki hi aawaz mein bolta hai.

Aur beta, ek baat jo bohot logon ko tasalli deti hai: agar aapke dil mein koi bura khayal aaye aur aapko uska aana bura lage — to yahi aapke iman ki daleel hai. Sahaba ne Nabi ﷺ se aise khayalon ki shikayat ki thi ke unhein zubaan par laane se bhi wo darte hain, aur aap ﷺ ne farmaya: yahi to saaf saaf iman hai. Kyunki chor us ghar mein ghusta hai jismein kuch rakha ho.

'MINAL-JINNATI WAN-NAAS — JINNON MEIN SE BHI AUR INSANON MEIN SE BHI.'

Beta, aur ye aakhri jumla poori surah ko badal deta hai.

Waswasa dalne wala sirf jinnon mein se nahi hota. INSAN bhi hote hain jo yahi kaam karte hain — wo dost jo aapke iraade ko halka kar deta hai, wo aawaz jo kehti hai 'itna serious kyun ho rahe ho', wo mashwara jo aapko aapke usool se ek qadam neeche utaar deta hai, wo content jo aapke seene mein baithkar bolta rehta hai.



Beta, aur insani waswasa zyada khatarnak hai —
kyunki uske saath chehra hota hai, mohabbat hoti hai,
taalluq hota hai. Jin ki baat aap radd kar sakte hain;
apne kisi qareebi ki baat radd karna bohot mushkil hai.

Isi liye ye surah dono ko ek hi saans mein ginwati hai.

Aur Yahin Kitab Poori Hoti Hai

Beta, ab poori tasveer dekhiye.

Quran ka aaghaz Al-Fatihah se hota hai — jismein
banda kehta hai: 'humein SEEDHA RAASTA dikha.'

Aur Quran ka ikhtitam An-Naas par hota hai — jismein
wahi banda kehta hai: 'us se BACHA lijiye jo mujhe us
raaste se hataana chahta hai.'

Beta, ye ittefaq nahi hai. Kitab ki shuruat hidayat
maangne se hoti hai, aur ikhtitam us hidayat ki
HIFAZAT maangne se. Kyunki raasta paa lena ek cheez
hai, aur us par jame rehna doosri.



Aur aakhri baat, beta. Is poori surah mein aapko kaha kya gaya hai? Ladne ko nahi kaha gaya. Muqabla karne ko nahi kaha gaya. Sirf ek cheez ka hukm hai:

****PANAAH MAANGO.****

Kyunki jo dushman aapko dekhta hai aur aap use nahi dekhte, uske khilaf aapki apni hoshiyari kaafi nahi. Aapko kisi aur ki aad chahiye.

Beta, isi liye ye do surahein raat ko sone se pehle padhiye, subah shaam padhiye, aur apne bachchon ko sikhaiye. Ye Quran ka aakhri tohfa hai — ek darwaza jo hamesha khula rehta hai.

Is Surah Se Kya Seekha

1. Allah ne apni Kitab ka ikhtitam hukm par nahi, DUA par kiya — 'mujhe panaah mein le lijiye'.
2. 'A'oozu' apni kamzori ka aitraf hai — panaah wahi maangta hai jo jaanta ho ke akela nahi lad sakta.
3. Ek dushman ke liye Allah ke TEEN naam liye gaye — is se uski khatarnaki samajh lijiye.



4. Uska hathiyar cheekh nahi, dabi hui sargoshi hai — aapki apni aawaz mein.

5. 'Khannaas' — wo hamla nahi karta, INTEZAR karta hai; uski poori bisaat aapki ghaflat par hai. Isi liye zikr hi ilaaj hai.

6. Bura khayal aana aur uska bura lagna — yahi khaalis iman ki nishani hai.

7. Waswasa dalne wale insan bhi hote hain — aur wo zyada khatarnak hain, kyunki unhein radd karna mushkil hota hai.

Ya Allah, humein apni panaah mein rakhiye, hamare seenon ki hifazat farmaiye, aur humein us raaste par jamaye rakhiye jo humne Fatihah mein maanga tha. Ameen.

— This is a simplified, faithful retelling for understanding, based on the Quran's translation and established tafseer (Ibn Kathir and others). For deeper study, always read with a qualified teacher. —

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